

The manovikas MIRROR

VOL 5.0

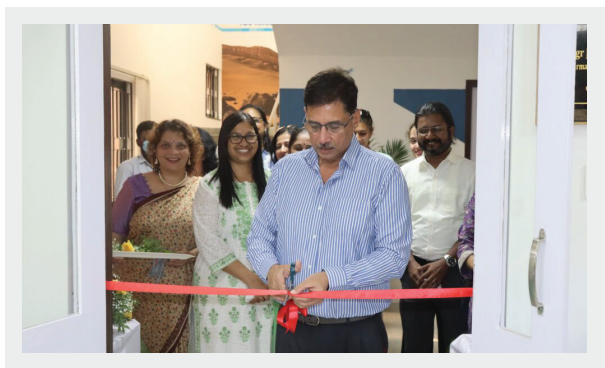
Inaugural Assembly

After a long hiatus, the presence of students, parents, teachers and all the dignitaries at Manovikas School breathe a refreshing sense of community and life into the school once again. 1st April, 2022 marked the beginning of the new academic year – 2022-2023. The school is all set to make a segue from online and hybrid teaching to physical classes. It was heart-warming to see students take to the stage compering, singing and dancing; not forgetting the enthralling performance of the Manovikas Band. The Chief Guest at the event was our Former Chairman Mr. Jose Manuel Noronha. The newly instituted student council comprising of our Class councillors, Captains, Vice Captains as well as (the new post) Commander and Assistant Commander all took their oath of service to the school. The Principal of the Secondary Section, Mrs. Maria Norman shared her expectations and wishes with the student council and other students. Students who endeavoured to be fit during the pandemic through their active participation in the Inter -class sports online events, organised by the Sports Department, were felicitated. The Monginis Award for the year 2019-2020 was presented to Saisha Kambli for her all-round achievement in school activities. With the tone set for the new academic year, we wish each and every person associated with the school success and joy.



Inauguration of Robotics, Coding and Augmented reality (AR) and Virtual Reality (VR) Laboratory

Creativity is thinking up new things. Innovation is doing new things. In an endeavour to inculcate and develop scientific temperament in the young learners of today, Manovikas English Medium School, Margao proudly set its steps into the noble mission of knowledge enhancement inaugurating the new laboratory on the 21st March 2022 . Augmented reality (AR) and Virtual Reality (VR) bridge the digital and physical worlds. It was indeed a proud moment for the school to inaugurate the Tinkering Lab with a vision to boost scientific innovation at the school. The lab is equipped with 'Do-it-yourself Kits' in Robotics, Coding, Electronics, AR & VR and all the instruments related to Science along with an Ideation Studio. The lab is designed to inculcate skills such as design mind set, computational thinking, adaptive learning etc., to be in sync with the global scenario.



Autism Awareness Celebration 2022



In view of the Autism Awareness Day celebrated worldwide on the 2nd of April, we the Special Educators of the Life Skills Resource Room, Academic Resource Room and the Counsellors organized a series of activities during the week from 28th March to 4th April 2022. The Special Educators from the Life Skills Resource Room performed a play on "Different is Beautiful" for the PP Inters and Seniors to sensitize the children on respecting and accepting differences. The students from the Resource Room also danced to the song "This little light of mine." All the students and teachers also joined in and danced. The Counselors and Special Educators from the Academic Resource Room conducted a series of activities and competitions for the Primary, Middle and High School Sections.



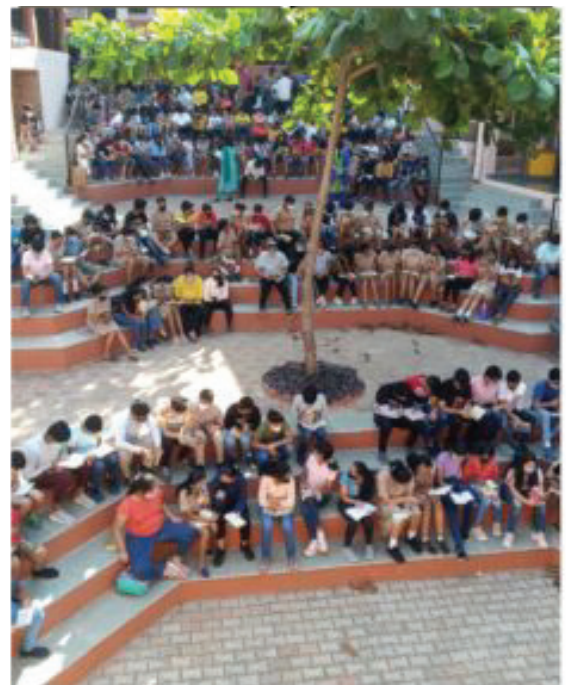
Activities for the Primary Section included: Word Search and Crossword Puzzles, Coloring Activity, Story on "It's Okay to be Different", a movie "Taare Zameen Par" was also screened for the students. Competitions were conducted for students from classes 5th to 10th. The competitions were: Poster Making (5th and 6th), Badge Making (7th and 8th), Wealth Out of Waste (TLM making) (9th and 10th). All students cooperated and did an excellent job in portraying the theme which was "Autism and Inclusion". The whole team of Special Educators and Counsellors also organized a Special Assembly keeping it in line with the theme of "Inclusion." Our students from the Life Skills Resource Room performed a dance on the song "This little Light of Mine", the Special Educators and Counselors also performed a short play that depicted "Inclusion". Prizes for the competitions conducted were distributed on the stage by the Principal, Vice-Principal, Administrator and coordinators. Finally, we had Anaida Fernandes (10A) and Rudransh Velip (7B) who did an exceptional job at reading a Speech and Poem to spread awareness on Autism and Inclusion. The school was lit up with awareness posters, balloons, along with teachers wearing the color "Blue" which is the theme color for Autism worldwide, to celebrate the occasion. It was indeed a very eventful and fruitful week



Library Reading Activity

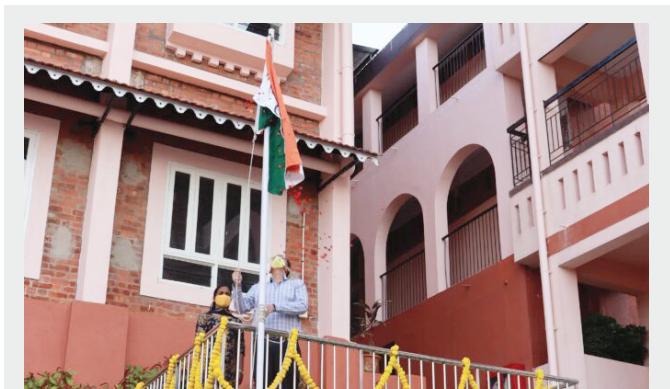


The school library organized various activities for students of Classes 5 to 9 on 4th March 2022. The following activities were conducted: Book Reading in an Open Quadrangle area, Scavenger Hunt, Finding hidden pictures and coloring and Quiz. Students whole-heartedly participated in these activities, and enthusiastically completed the tasks given.



73rd Republic Day Celebration

On the auspicious morning of 26th January, our school celebrated Republic Day in the school premises. The celebration was graced by the Chairperson, former Chairman, Members of the Trust, PTA, Principals and school staff. The chairman hoisted the tri-colour to mark the occasion, followed by the national anthem. Tr. Beena Mishra recited a poem igniting in all a sense of patriotism. The school also acknowledged and felicitated four staff members for completing a milestone of twenty-five long years at Manovikas. The school choir presented a song that glorified our mother land, India. The eventful programme concluded with the school song.



Covid Vaccination at School

Covid-19 Vaccination Drive was organized by Manovikas School in association with Urban Health Centre Margao on 5th January 2022 for the students of Std 9 & 10 (born before January 2007). We received 63 entries through Google form, out of which 49 students availed the facility at school. Students vaccinated on 5th January 2022, are due for their second Vaccination dose on 2nd February 2022. To encourage the remaining students to take Covid-19 Vaccine, Class teachers of Std 9 & 10 counselled the students by sending regular messages on benefits of Vaccination.



Children's Day Celebration

Children are the most precious ones to all of us. They are the best creation of God and messengers of joy and happiness. To make this day special for our most dearest students our Manovikas teachers visited the children. The children's faces full of excitement and cheer brought life to this celebration. As they sweetened their mouths with chocolates they looked up with a hope of getting back to school and getting the opportunity of celebrating all joyous moments together.

Aishwarya Dicholkar aces at Hindi Poetry-frequency Competition

Aishwarya Dicholkar, a class X student, not only participated in Hindi poetry-frequency competition organized by Bestie Education Charitable Trust, Doha Qatar, on the birth day of Hindi poet Shri Ramdhari Singh Dinkar, but also made us proud by securing first position among 100 participants.



Goa Liberation Day Celebration in School

19th of December, Goa Liberation Day is marked by an abundance of events and festivities in Goa though this time because of the pandemic the celebrations are expected to be muted. However, our School celebrated this important day in a unique way. The assembly was conducted in Konkani by the students, beginning with the welcoming of the Chief Guest for the function, principals, teachers and the students. After the hoisting of the tri-colour flag, National anthem was sung. Following to that was a speech by Arsh Khan from Class VI. A troupe of students of Class VII, sung a song on Goa. Avni Lotlikar of Class V Haniya Shaikh of Class VI and Devansh Volvotkar of Class VII, performed a monoact on the freedom fighters of Goa. A group of students of Class V performed a Goan Folk Dance – 'Kotti Dance'. The programme ended with the school song.



Diwali Card Making - Class 1

Diwali is known as the festival of lights. It is the celebration of the victory of good over evil. Lights illuminate every corner during Diwali. People light diyas and decorate their houses with colourful latterns. Diwali was celebrated for the primary section by screening the special Diwali Video made by the teachers of class 3. This was followed by card making activity for std I. The teachers guided the children about how to go about with a Diwali card with an origami Diya. The children enjoyed this activity and wished everyone Happy Diwali.



Paper Bag Activity

Paper bags are gaining importance as they are reuseable, recyclable, bio degradable and at the same time environment friendly. With this objective in mind the students of Class 3 showcased their creativity and artistic skills by making beautiful paper bags. This activity inspired the students to contribute to nature by using paper bags and saying no to plastic bags.



Sairaj Narvenkar, Class III D wins First place at 'The All Goa Rapid Chess liberation Cup Tournament'

Sairaj Narvenkar of Class III D, won the First place in U-9 Category at the All Goa Rapid Chess liberation Cup Tournament, held by Queen Cultural Club at Dr.K.B. Hedgewar High School, Panaji on 18th and 19th December 2021 respectively. Sairaj received the trophy with certificate at the hands of Mr. Vinay Tendulkar – MP Raj Sabha and President of Goa Chess Association.

Fit India School Week

Physical fitness is just as important for children as learning letters and numbers. Before the advent of televised distractions, children were often found outside the house playing in parks and even on the streets. But what really reduced playtime drastically was the arrival and rapid spread of the Internet. Online games and social networks have turned out to be an addiction that the new generations have fallen prey to. Childhood obesity, depression and diabetes in children have become far more common today than they were earlier. In fact, physically active students are healthier and have been found to be better in academics as well. Keeping this view in mind "Manovikas English Medium School" has celebrated "Azadi Ka Amrit Mahotsav", the 3rd edition of school week from 8th December to 12th December 2021. The week comprised of several fitness related activities such as Poster Making, Zumba, Yoga, Games and Sports for students and teachers as follows:

Day 1 – POSTER MAKING

Children's day was well celebrated by engaging students in Poster making competition.

Day 2- ZUMBA (Traditional Dance)

Zumba is one of the most fun and versatile fitness crazes to come along in a long time, which not only helps an individual to tone the body but also helps to de-stress. Many forms were included such as bangda, garba etc each and every person present out there participated with full energy and zeal.

Day 3- INDIGENOUS GAMES AND ACTIVITIES FOR THE SPECIALLY ABLED

Competition for Students in Traditional/Indigenous/Regional Games was conducted in the school to celebrate the Unity in Diversity of our Nation and to maintain and strengthen the fabric of traditionally existing emotional bonds between the people of our Country. Children enjoyed playing, Traditional Games "such as standing kho-kho and Tug of War.

Day 4- BRAIN GAMES

Games keep our brain cells always active and remove our mental fatigue, keeping this view in mind we organized different brain challenging games for students and teacher in fact everybody enjoyed every activity with zeal and enthusiasm.

Day-5 YOGA

A calm mind is the ultimate weapon against any challenge in life. But it is challenging to remain calm. WE can achieve calmness of Mind only by Yoga and Meditation. Keeping this view in mind we at Manovikas organised Yoga session for Teachers and Students.

Day 6 – ZUMBA AND FITNESS PLEDGE

Finally, the week was concluded with a session of Zumba and fitness pledge wherein students and teachers participated collectively. All of these activities encouraged and challenged the participants to live a more fit and healthy lifestyle.



Rajas Khandeparkar- Badminton champ

PLAYER NAME— RAJAS Y KHANDEPARKAR, STANDARD 6 C

MONTH –NOVEMBER 2021

SPORT/CATEGORY— BADMINTON U13/U15 BOYS (SINGLES/DOUBLES)

State and South Goa District Ranking Tournaments (03 nos) organised by Goa Badminton Association. Note—Rajas Khandeparkar played in a total of 03 State/South Goa District tournaments in the month of November 2021 organised by GBA and won a total of 04 medals (01 Silver, 03 Bronze) and The Trophy for Most Promising Player U13 Category.

1) STATE RANKING TOURNAMENT 2021-2022

ORGANISED BY PANJIM WARRIORS CLUB ON 21-23 NOVEMBER AT CAMPAL INDOOR STADIUM, PANAJI, GOA.

- ✓ Played in the U13 Boys Singles/Doubles category.
- ✓ Beat 3 players in the qualifiers to reach the U13 main draw pre quarters where he beat a state ranked player.
- ✓ He and his U13 doubles partner Arnav Saraf reached Semis to win a Bronze Medal.

2) SOUTH GOA DISTRICT TOURNAMENT 2021-2022

ORGANISED BY PANJIM WARRIORS CLUB, NOVEMBER 24, INDOOR STADIUM, NAVELIM, GOA.

- ✓ Was in the main draw and participated in U13/U15 Boys singles and U13/U15 Boys Doubles.
- ✓ He and his doubles partner Arnav Saraf reached the finals in U15 doubles to get a silver medal.
- ✓ In the singles U13 and U15 main draw, he reached semis.
- ✓ He won total 3 medals -1 silver/2 Bronze in this tournament.

3) STATE RANKING TOURNAMENT 2021-2022

ORGANISED BY BPS SPORTS CLUB, NOVEMBER 24-27, INDOOR STADIUM, NAVELIM, GOA.

- ✓ Due to his good all round technical play he was awarded the “Most Promising U13 Boys Player” Trophy in this tournament at the hands of Ex Cm Shri Digambar Kamat on 27th Nov in the awards ceremony.
- ✓ He was in the main draw in U13 Boys Singles/Doubles & qualifying in U15 boys category.
- ✓ He and his doubles partner Arnav Saraf reached the quarters in U13 doubles.
- ✓ In the quarters, he fought both his singles doubles U13 match/ U13 match with a superior opponent which was a good learning experience.



Harsh Mane aces at All Goa State Ranking Tournament

Harsh Mane participated in the 2nd All Goa State Ranking tournament held at Campal, Panaji – Goa organised by the Badminton Association of Goa.

His achievements are as follows:

- ✓ Under 15singles – Winner
- ✓ Under 17singles – Runners-up
- ✓ Under 15doubles – Winner
- ✓ Under 19singles – Quater-Finalist



National Fin Swimming Champion: Swayam Kakodkar

SWAYAM KAKODKAR bagged the Bronze medal at the National Championship in 4x50mt Mixed Relay with a timing of 2.01 sec. Fin Swimming is an underwater sport consisting of four techniques involving swimming with the use of fins either on the water surface using a snorkel with either monofins or bifins. National Fin Swimming Championship 2021 was held at Ponda Goa, wherein over four hundred swimmers from thirty-four states and union territories participated.



All Goa Open Table Tennis Tournament Champs

Every one loves to hear the news about sports and it's important to know about students that are winning medals and trophies. So this time we have Chandan Caro from class 3D and Ishita Colaso from class 3B who has participated and won Table Tennis events.



Chandan Caro and Ishita Colaso secured Winners position in Hopes category of the 'Rotary Geno major ranking Table – Tennis Championship which was held on 10th October 2021 at the Peddem Indoor stadium, Mapusa. They also has been awarded trophies and a Rolling Trophy. Chandan Caro secured the First place and Ishita Colaso secured the third place in the All Goa Open Table Tennis Tournament in the mini-cadets category organised by Rotary Club of Ponda. Ishita Colaso also won First place in state ranking Table – Tennis Tournament 2020 – 2021 which was organised by Goa Table – Tennis Association which was held at Peddem Sports Complex Mapusa – Goa. Chandan Caro secured the Second place in Cadet boys event and Third place in Mini-Cadet event held in 24th – 26th Jan 2021 organised by Rotary Venugran Inter State Table – Tennis Tournament.

Young Budding Star- Trisha Verlekar

Our young budding star of Manovikas, Trisha Verlekar from class 7A participated in All Goa State Table Tennis Championship 2021-22 organized by Goa Table Tennis association in collaboration with SAG .

The events participated in are as follows:

1.Cadet girls (u-13)

2.Sub Junior girls (u-15)

Trisha Verlekar secured the first position in both categories. She won the championship and her ranking is the first position in these categories.

Ananya Naik and Swayam Kakodkar bagged the 11th Rank at World Robot Olympiad

Ananya Naik from 6th grade and Swayam Kakodkar from 8th grade from Manovikas English Medium School recently participated in the World Robot Olympiad (WRO) India Nationals (Junior Category) and bagged the 11th Rank.

WRO is a Global Robotics challenge based competition that encourages young people hone their creativity and problem solving skills in a fun and engaging way.

The theme this year was ' Park and Charge'. It took them over six months to build the robot and write over 5000 blocks of codes to solve the problem. Although the task was difficult and complex, they completed it successfully. They were coached by IT professional Ms. Arya Khedekar



Chess Champion- Vicente Fernandes

Vicente Fernandes won the 3rd place at The All Goa Rotary Chess Championship held on the 7th of November, 2021, at the Moira Club, Bardez, Goa, organized by The Rotary Club of Porvorim.



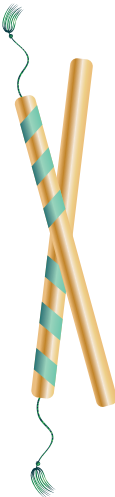
Diwali Celebration- Pre Primary Section

Diwali is the festival of lights which signifies the victory of light over darkness, knowledge over ignorance, good over evil and hope over despair. So let's all unite together and spread the light throughout the world.



Pre- Primary Navratri Celebrations

The Pre Primary Section celebrated a virtual Navratri with great enthusiasm and fun. Navratri is one of the major festivals celebrated in different ways in India. The children were asked to dress in traditional wear and join in along with their family and friends. All the teachers came together and danced during the Navratri week for the online sessions. It was a joy to see all the children dancing and enjoying the celebration. It was a memorable virtual event.



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